



LUNCHEON

APPETIZER AND SALAD



TRADITIONAL FALAFEL | Hummus & Rosemary Pita

CONFIT OF FRESH TUNA* | Poached Tomato, Lemon-Garlic Aioli & Salsa Verde



WHITE CABBAGE SALAD | with Pineapple Chunks and Sunflower Seeds

Traditional favorite dressings available plus today's specials:

Fat Free Italian | Low-Calorie Yogurt Cucumber-Dill

SOUP



ROASTED GARLIC SOUP | with Sourdough Croutons

Low-sodium Soups and plain Broth are available upon request

PASTA SPECIAL

LASAGNE VERDE AL CASALINGA | Layers of Ground Meat, Chopped Tomatoes, Spinach, Herbs and Pasta Sheets, Oven-Baked and Served with Tomato Sauce

Available as Appetizer or Main Fare

MAIN FARES

GOLDEN FRIED FISH NUGGETS* | Creamy Potato Salad, Lettuce, Tomato, Radish, Cucumber & Beets

CHICKEN CAESAR SALAD* | Crisp Romaine Lettuce, Homemade Caesar Dressing, Grilled Chicken Breast, Parmesan Shavings and Garlic Croutons

ITALIAN CIOPPINO* | Fresh Fish and Seafood, Caramelized Vegetables, Tomato-Herb Broth, Grilled Garlic Ciabatta

SANDWICH OF THE DAY: HOT PASTRAMI SANDWICH | Rye Bread, Dill Pickles, French Fries & Cole Slaw

SLOW ROASTED BABY BACK RIBS | BBQ Sauce, Creamed Corn, Roasted Potatoes



FRESHLY BAKED VEGETABLE STRUDEL | Charred Asparagus, Fine Herb Sauce

HAMBURGER OR CHEESEBURGER* | Homemade Regular or Whole Wheat Bun, Pickles, Tomatoes, Sliced Onion Rings and French Fries

Additional Toppings:

Applewood Smoked Bacon | Grilled Onions | Swiss, Blue or Cheddar Cheese

SIDES

STEAMED RICE | CREAMED CORN | BAKED POTATO | STEAMED VEGETABLES

Upon request, dishes are available without sauce, and main courses can be served as half portions.

Vegetables are also available steamed, without butter or salt.

WINE

WHITE

Riesling, Dr. Loosen "Satyricus," Mosel, Germany 2017

RED

Pedroncelli, Zinfandel "Mother Clone," California 2017

*United States Public Health Advisory: Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs increase your risk for food — borne illnesses, especially if you have certain medical conditions.



Indicates Vegetarian selections and may include dairy products

FRIDAY, AUGUST 30, 2019



LUNCHEON

DESSERT

SPANISH VANILLA CAKE | Hazelnut Chocolate Sponge, Pastry Cream & Chocolate Glaze

STRAWBERRY ROULADE | White Biscuit, Strawberry Cream & Whipped Cream

ICE CREAM SUNDAE

BLACK FOREST | Cherry Garcia Ice Cream, Sour Cherry Compote, Fudge Sauce, Cherry Liquor and Whipped Cream

SUGAR-FREE DESSERT

APPLE TURNOVER | Puff Pastry & Apple Filling

ICE CREAM

VANILLA, STRAWBERRY CHEESECAKE, STRAWBERRY | your choice of Butterscotch, Mango or Chocolate Topping

FRESHLY FROZEN NONFAT YOGURT

RASPBERRY

SHERBET

POMEGRANATE

FRUIT & CHEESE

SLICED FRUITS IN SEASON

VARIETY OF FRENCH & INTERNATIONAL CHEESE | Traditional Condiments & Crackers